

# January 2021

## Toddler Activities

## Infant Activities

**Sensory Play**  
music, art/craft, textures, fine motor

**Discovery Play**  
social/emotional, cognitive, language/literacy

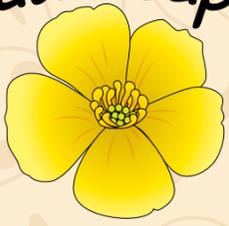
**Physical Development**

### Theme 1 • Mitten Magic

	Sensory Play	Discovery Play	Physical Development	Infant Activities
<b>Monday</b> January 4				
<b>Tuesday</b> January 5				
<b>Wednesday</b> January 6				
<b>Thursday</b> January 7				
<b>Friday</b> January 8				
<b>Monday</b> January 11				
<b>Tuesday</b> January 12				
<b>Wednesday</b> January 13				
<b>Thursday</b> January 14				
<b>Friday</b> January 15				

### Theme 2 • Rockin' Rhymes

<b>Monday</b> January 18				
<b>Tuesday</b> January 19				
<b>Wednesday</b> January 20				
<b>Thursday</b> January 21				
<b>Friday</b> January 22				
<b>Monday</b> January 25				
<b>Tuesday</b> January 26				
<b>Wednesday</b> January 27				
<b>Thursday</b> January 28				
<b>Friday</b> January 29				



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social/emotional, cognitive,  
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**Physical  
Development**

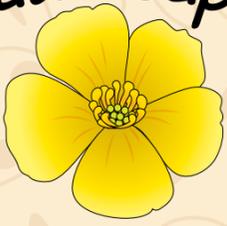
**Infant  
Activities**

### Theme 3 • Feeling Fantastic

<b>Monday</b> February 1				
<b>Tuesday</b> February 2				
<b>Wednesday</b> February 3				
<b>Thursday</b> February 4				
<b>Friday</b> February 5				
<b>Monday</b> February 8				
<b>Tuesday</b> February 9				
<b>Wednesday</b> February 10				
<b>Thursday</b> February 11				
<b>Friday</b> February 12				

### Theme 4 • Tropics in Winter

<b>Monday</b> February 15				
<b>Tuesday</b> February 16				
<b>Wednesday</b> February 17				
<b>Thursday</b> February 18				
<b>Friday</b> February 19				
<b>Monday</b> February 22				
<b>Tuesday</b> February 23				
<b>Wednesday</b> February 24				
<b>Thursday</b> February 25				
<b>Friday</b> February 26				



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**Physical Development**

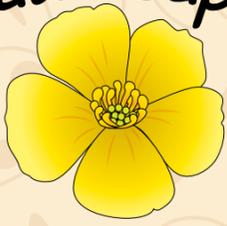
## Infant Activities

### Theme 1 • Mitten Magic

Day	Sensory Play	Discovery Play	Physical Development	Infant Activities
<b>Monday</b> January 4	How Does It Look Outside?	Heart and White • Kitten Feelings	White Hearts	<ul style="list-style-type: none"> <li>• Vocabulary Cards</li> <li>• Books to Read</li> <li>• Sign Language</li> <li>• Sparkling Snowflake</li> <li>• Physical/Health</li> <li>• Mitten Match</li> <li>• Hard and Soft</li> <li>• Dancing Snowflake</li> <li>• Singing and Moving</li> <li>• Mittens on Me</li> <li>• Pass the Mitten</li> <li>• I Help Shovel Snow</li> <li>• Mittens the Kitten</li> <li>• What's in the Mitten?</li> <li>• Snowy Hands and Mittens</li> </ul>
<b>Tuesday</b> January 5	Mitten Match • Snowy Hands and Mittens, Part 1	Mittens	Mitten Chase	
<b>Wednesday</b> January 6	Snowy Hands and Mittens, Part 2	My Mittens • Winter Clothes	Mitten Puzzles	
<b>Thursday</b> January 7	What's in the Mitten? • Mitten Counting	Mittens on Me	Mitten Trail	
<b>Friday</b> January 8	Washing Mittens	A Mittens Poem • Pass the Mitten	Catch the Mitten	
<b>Monday</b> January 11	Sparkling Snowflake, Part 1	Snow • I Help Shovel Snow	Tracks in the Snow	
<b>Tuesday</b> January 12	Sparkling Snowflake, Part 2 • Snow Tools	The Chilly Penguin	Snowball Roll	
<b>Wednesday</b> January 13	Stacking Snowman • Fork Painted Snowflakes	White Writing	Snow Scoop and Dump	
<b>Thursday</b> January 14	Hard and Soft Materials • Dancing Snowflake, Part 1	Understanding Hard and Soft	Hard and Soft Obstacles	
<b>Friday</b> January 15	Dancing Snowflake, Part 2 • Do You Remember?	Falling Snowflakes	Wintry Toss	

### Theme 2 • Rockin' Rhymes

Day	Sensory Play	Discovery Play	Physical Development	Infant Activities
<b>Monday</b> January 18	Three Bears Porridge Props, Part 1	Goldilocks and the Three Bears • Bear Feelings	Three Bear Moves	<ul style="list-style-type: none"> <li>• Vocabulary Cards</li> <li>• Reading Together</li> <li>• Sign for Book</li> <li>• Three Little Kittens</li> <li>• Winter Reading</li> <li>• Physical/Health</li> <li>• Three Bears Porridge Props</li> <li>• Sort by Size</li> <li>• Books and Bags</li> <li>• Little Kitten and Mittens</li> <li>• Music to Sing and Dance</li> <li>• Goldilocks and the Three Bears</li> <li>• My Eyes Can See Pictures</li> <li>• Everyday Feelings</li> <li>• Bedtime for Dolls</li> <li>• Making Choices</li> <li>• Little Red Hen</li> <li>• Hen and Friends ELM</li> <li>• Animal Sounds</li> </ul>
<b>Tuesday</b> January 19	Three Bears Porridge Props, Part 2	Bedtime • Bedtime for Dolls	Oatmeal Porridge	
<b>Wednesday</b> January 20	Sort by Size • Goldilocks and the Three Bears Review	Once Upon a Time	Block Play	
<b>Thursday</b> January 21	Little Kitten and Mittens, Part 1 • Kittens in Our Families	Three Little Kittens	Slip and Slide	
<b>Friday</b> January 22	Little Kitten and Mittens, Part 2	Pajama Party • Rest and Relax	Roll Threading	
<b>Monday</b> January 25	Little Red Hen, Part 1 • Puppet Stories	Hen and Friends	Baking Biscuits	
<b>Tuesday</b> January 26	Little Red Hen, Part 2	Library • My Eyes Can See Pictures	Move with Books	
<b>Wednesday</b> January 27	Piling Up Books	Winter Reading • Making Choices	Flaps and Tabs	
<b>Thursday</b> January 28	Hearts in Water	Letter Hunt • Read with Friends	Heart Rubbings	
<b>Friday</b> January 29	Books and Bags	Our Own Books • Handling Books	Book Balance	



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## Theme 3 • Feeling Fantastic

Day	Sensory Play	Discovery Play	Physical Development	Infant Activities
<b>Monday</b> February 1	How I Feel Headband, Part 1 • Doctor's Equipment	Nurses and Doctors Help Us	Safety Around Medicine	<ul style="list-style-type: none"> <li>• Vocabulary Cards</li> <li>• Snuggle and Read</li> <li>• The Queen of Hearts</li> <li>• I See Pink</li> <li>• Doctor Theme Puppet</li> <li>• Physical/Health</li> <li>• Valentine Pocket</li> <li>• Fine Motor Manipulatives</li> <li>• Singing Songs and Lullabies</li> <li>• How Things Fit</li> <li>• How I Feel Headband</li> <li>• Feeling Hearts ELM</li> <li>• My Teeth</li> <li>• I Feel Healthy</li> <li>• My Healthy Teeth</li> </ul>
<b>Tuesday</b> February 2	How I Feel Headband, Part 2	Finding Pink! • I Feel Healthy	Foot Kiss Pose	
<b>Wednesday</b> February 3	My Heartbeat	The Queen of Hearts Nursery Rhyme • Peekaboo Heart	Heart Toss	
<b>Thursday</b> February 4	Frozen Heart	Using a Tissue • Feeling Hearts	Heart Game	
<b>Friday</b> February 5	Explore a Scale • Pretend Doctor's Office	The Doctor Says	Through the Holes	
<b>Monday</b> February 8	My Healthy Teeth, Part 1	Dentists • Brushing Our Teeth	We Love our Teeth	
<b>Tuesday</b> February 9	My Healthy Teeth, Part 2	Hello Tooth • Who Has Teeth?	Brushing Teeth Movements	
<b>Wednesday</b> February 10	Valentine Pocket, Part 1 • Changing Flower	Card-Making Center	Bounce with Friends	
<b>Thursday</b> February 11	Building with Hearts • Valentine Pocket, Part 2	Nursery Rhyme Feelings	Tasty Tarts	
<b>Friday</b> February 12	King and Queen of Hearts	Be My Valentine • Heart Kisses	Hearts in the Sand	

## Theme 4 • Tropics in Winter

Day	Sensory Play	Discovery Play	Physical Development	Infant Activities
<b>Monday</b> February 15	Monkeys All Around • Monkey Talk	Monkeys	Monkey See, Monkey Do	<ul style="list-style-type: none"> <li>• Vocabulary Cards</li> <li>• Sounds of the Jungle</li> <li>• Sign for Play</li> <li>• Physical/Health</li> <li>• Pretty Paper Plate Parrot</li> <li>• Monkeys All Around</li> <li>• Three Little Monkeys</li> <li>• Singing and Dancing in the Jungle</li> <li>• Free Paint Exploration</li> <li>• Monkey Greetings</li> <li>• Rainforest Collage</li> <li>• Create Me Piece—Striking Stripes</li> <li>• Rain in the Rainforest</li> <li>• My Body Can Swing</li> <li>• Rainforest Lullaby</li> </ul>
<b>Tuesday</b> February 16	Monkey Greetings	Going on a Monkey Hunt • Monkey Feelings	Balancing Monkey	
<b>Wednesday</b> February 17	Three Little Monkeys	Deep in the Jungle • Swinging!	Banana Snack	
<b>Thursday</b> February 18	Pretty Paper Plate Parrot, Part 1 • Jungle Animals	Traveling to the Tropics	Let's Kick	
<b>Friday</b> February 19	How Many Coconuts? • Pretty Paper Plate Parrot, Part 2	Tropical Fruits	Banana Scoot	
<b>Monday</b> February 22	Rainforest Collage, Part 1 • Rainforest Sensory Tub	Rainforest	Rainforest Obstacle Course	
<b>Tuesday</b> February 23	Rainforest Collage, Part 2 • Rainforest Textures	Rainforest Lullaby	Rainforest Moves	
<b>Wednesday</b> February 24	Explore a Fern	In the Jungle • Falling Rain	Butterfly Snacks	
<b>Thursday</b> February 25	Sticky Feet • Create Me Piece—Striking Stripes, Part 1	Where, Oh Where?	Pink Milk with Cookies	
<b>Friday</b> February 26	Leaf Sort • Create Me Piece—Striking Stripes, Part 2	Hear and Move	Leaves on a Vine	